

## FREE PDF PLAN

### TOP 10 STUDY HACKS FOR STUDENTS

#### 1. English GCSE Hack: Master One Story

Creative writing can be stressful if you go into the exam blind. The solution? Prepare two to three strong stories in advance that you can adapt to almost any question. Keep refining it with your teacher's feedback until it consistently scores highly and spend time memorising it. By exam day, you'll have a polished piece ready to go, saving time and reducing panic.

#### 2. CGP Revision Guides Are Your Secret Weapon

For GCSE and A-Level sciences and content-heavy subjects, the CGP guides are unbeatable. Don't just read — combine them with online resources: read a topic, watch a short science lesson video, then summarise the key points in your own words. That three-step loop (**read → watch → explain**) creates memory that sticks.

#### 3. Maths = Relentless Practice

Whether GCSE or A-level, Maths is built on one principle: the more you practise, the stronger you get. Start with simpler questions to lock in confidence, then progress to mixed, exam-style problems. Always redo mistakes until you can solve them independently. Over time, repetition makes the hardest problems feel automatic.

#### 4. Exam Questions Are Non-Negotiable

The real key to exam success is mastering past papers. Every exam board has patterns in the style and wording of questions. Doing past papers shows you exactly how marks are awarded, how questions are structured, and where you lose time. Treat them like training sessions: start untimed, then gradually build up to full exam conditions.

#### 5. Start Now, Not Later

Leaving revision until March or April is the number one regret students have. Elite students start early and spread revision across months. Even doing just 20 minutes daily now builds momentum in the first few days — and once that momentum is there, revision becomes easy. **Consistency > cramming.**



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#### 6. Predicted Grades Are a Game-Changer

At A-level, your predicted grades can be more important than your final ones for applications. Teachers base them on your effort, attitude, and class performance. Hand in strong work, ask for feedback, and show consistent improvement — these habits will boost your predictions and open doors to top courses.

#### 7. Personal Statements: Build Your Story Early

Universities want more than grades — they want a narrative of who you are. Start building this early. Whether you're in GCSEs or A-levels, collect evidence from the last two years: work experience, volunteering, projects, wider reading, competitions, leadership roles. Jot everything down now so when it's time to apply, you'll have a ready-made bank of experiences to showcase.

#### 8. Teach to Truly Learn

One of the best hacks for personal statement prep is also a powerful study tool: teaching. If you can explain a topic clearly to someone else, it proves real understanding. Use the Feynman Technique: explain the topic in the simplest words possible, spot gaps, and refine. This shows universities that you don't just learn — you master.

#### 9. Manage Burnout Like a Pro

Cramming endlessly doesn't work. Instead, study in focused blocks (25–50 minutes), take short breaks (5–10 minutes), and give yourself proper rest days to reset. Burnout lowers your performance — protecting your energy means protecting your results.

#### 10. Exercise Supercharges Your Brain

Your physical health fuels your mental performance. Regular activity — whether it's football, gym, or even a 20-minute walk — increases focus, reduces stress, and improves memory. The sharpest students don't just revise hard — they look after their body so their brain can perform at its peak.